



# “Seeing is Believing”

A new way to look at equine sport

with Rory Bremner

Equibuddy is delighted to announce a special event they are hosting at Musselburgh Racecourse on 6<sup>th</sup> July. “Seeing is Believing” is a incredible chance for the corporate, public and third sector to see what Equibuddy can offer with its pioneering use of the trained horse.

The Equibuddy trained horses provide equestrian vaulting services to people with special needs, international vaulters, hen parties and corporate team building clients. Essentially gymnastics on the back of a moving horse, vaulting is an extreme challenge which is affordable, controllable and hugely rewarding.

The incorporation of an international sport and team into the charity with the Scottish Borders Riding for the Disabled is a new idea within the horse world – able bodied young people producing horses to international standard to be ultimately used by their less able peers. More than ever we are all looking of ways to do things differently; to be more cost effective, to work with people instead of against, for the benefit of all. Equibuddy has managed this with great success!

Jenny Leggate, co-founder of Equibuddy: “This special event will provide an opportunity to illustrate why team work is so important to gain the greatest rewards – it is Equibuddy’s ethos and is echoed through all the services it provides. There are great holistic, emotional, physical and social benefits which can be gained through the close relationship forged between team mates, horse and lunger due to the trust needed in all aspects of the sport.”

Jenny states: “The Equibuddy product opens up the joys of equestrian sport to everyone, as one horse can facilitate so many different people. In practical terms only one horse is needed for a group session slashing the costs massively and catapulting the benefits onto a public stage. Anyone can take part which in itself ensures insight and benefit for all.”

“Seeing is Believing” takes place in the Lothian Suite at Musselburgh Racecourse on 6<sup>th</sup> July with Rory Bremner saying a few words and a spectacular vaulting demonstration on the racecourse. Strictly ticket only; available from Kirsty FitzGerald on 0845 241 1398 or [kirsty@equibuddy.org](mailto:kirsty@equibuddy.org).